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Longevity in the “here and now” by the Truth and Power of the Word of God

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Yahweh God Almighty has a secret prayer if we wish to lay claim to His loving kindness and pity for us in the “here and now”, even before the day of resurrection when we leave our shortcomings in the dirt of the grave and are raised incorruptible and immortal in Christ Jesus. This is no mystery. It is real. But it *is* a secret until we receive it in our understanding. A mystery may be difficult to grasp and may take years of investigation to solve. A secret on the other hand can be something that is so simple even a child can immediately understand it once he who holds the secret tells him what it is. The 33rd chapter of the Book of Job freely holds a simple but “oh so powerful” prayer to enhance our years and to combat the ravages of this age upon our mortality. Things such as disease, stress, parasites, own our ignorance, our sins, polluted foods, gravity, solar rays, etc., all play a part at disintegrating our quite mortal bodies. But this cascade of adversaries can, to a great extent, be minimized by the wisdom and revelation of God’s Word. However, it is a challenge – it is warfare on the part of the child of God against a world that is simultaneously a beautiful place but loaded with “land mines” at every step. The question becomes: “How do we sidestep the ravages of an early death in order to help us do our allotted work in the “family vineyard” while we learn from those who are able to teach, and subsequently teach those coming after us, as is our reasonable and noble duty”? “How do we keep bouncing back when so many diseases are continually attacking us, time and time again?” We can only do so by hearing and trusting what Yahweh God Himself gives as His advice. His secret prayer for us concerning this matter is to be found in Job 33 (mainly verses 14-30). Quoted below is the entire 33rd chapter of Job from the King James Version Bible. This version is used, not because it is perfect in its translation, but because it is at least respectable enough to grasp most of the intent of Scripture, especially if using some language concordances to shore up its deficiencies. We are compelled to read the below chapter several times and let it sink into the depths of our hearts. [It is suggested to avoid using Wescott & Hort Bibles such as the NIV, NASB, NRSV, NAB, REB, RSV, CEV, TEV, GNB, LIVING, PHILLIPS, NEW JERUSALEM, etc. when trying to ascertain spiritual doctrine as they tend toward semi-occult influences. Better options are KJV (AV) or Rotherham for starters] Job 33 below:

- 1 Wherefore, Job, I (Elihu) pray thee, hear my speeches, and hearken to all my words.
- 2 Behold, now I have opened my mouth, my tongue hath spoken in my mouth.
- 3 My words shall be of the uprightness of my heart: and my lips shall utter knowledge clearly.
- 4 The Spirit of God hath made me, and the breath of the Almighty hath given me life.
- 5 If thou canst answer me, set thy words in order before me, stand up.
- 6 Behold, I am according to thy wish in God's stead: I also am formed out of the clay.
- 7 Behold, my terror shall not make thee afraid, neither shall my hand be heavy upon thee.

8 Surely thou hast spoken in mine hearing, and I have heard the voice of thy words,
 saying,
 9 I am clean without transgression, I am innocent; neither is there iniquity in me.
 10 Behold, he findeth occasions against me, he counteth me for his enemy,
 11 He putteth my feet in the stocks, he marketh all my paths.
 12 Behold, in this thou art not just: I will answer thee, that God is greater than man.
 13 Why dost thou strive against him? for he giveth not account of any of his matters.
 14 For God speaketh once, yea twice, yet man perceiveth it not.
 15 In a dream, in a vision of the night, when deep sleep falleth upon men, in slumberings
 upon the bed;
 16 Then he openeth the ears of men, and sealeth their instruction,
 17 That he may withdraw man from his purpose, and hide pride from man.
 18 He keepeth back his soul from the pit, and his life from perishing by the sword.
 19 He is chastened also with pain upon his bed, and the multitude of his bones with
 strong pain:
 20 So that his life abhorreth bread, and his soul dainty meat.
 21 His flesh is consumed away, that it cannot be seen; and his bones that were not seen
 stick out.
 22 Yea, his soul draweth near unto the grave, and his life to the destroyers.
 23 If there be a messenger with him, an interpreter, one among a thousand, to shew unto
 man his uprightness:
 24 Then he is gracious unto him, and saith, Deliver him from going down to the pit: I
 have found a ransom.
 25 His flesh shall be fresher than a child's: he shall return to the days of his youth:
 26 He shall pray unto God, and He will be favourable unto him: and he shall see his face
 with joy: for he will render unto man his righteousness.
 27 He looketh upon men, and if any say, I have sinned, and perverted that which was
 right, and it profited me not;
 28 He will deliver his soul from going into the pit, and his life shall see the light.
 29 Lo, all these things worketh God oftentimes with man,
 30 To bring back his soul from the pit, to be enlightened with the light of the living.
 31 Mark well, O Job, hearken unto me: hold thy peace, and I will speak.
 32 If thou hast any thing to say, answer me: speak, for I desire to justify thee.
 33 If not, hearken unto me: hold thy peace, and I shall teach thee wisdom.

There is also a testimony to these words found in Psalm 103:1-5 (The Etruscan word
 "LORD" here appropriately replaced with Yahweh meaning "The Everliving" since it is life we seek):

1 Bless Yahweh, O my soul: and all that is within me, bless his holy name.
 2 Bless Yahweh, O my soul, and forget not all his benefits:
 3 Who forgiveth all thine iniquities; who healeth all thy diseases;
 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and
 tender mercies;
 5 (Who satisfieth thy mouth with good things; so that thy youth is renewed like the
 eagle's)

There are four levels of disease healing from the Almighty available to His creatures:

- 1) The natural immune system found in the various life forms of the Creator.
- 2) Yahweh's medicinal herbs, proper foods, and water as found in nature. "For one believeth that he may eat all (clean) things; another, who is weak, eateth herbs." (Rom.14:2) Even the fowls of the air are well fed. (Mat.6:26). God's medicinal plants, water, and natural benefits, have healing properties for creatures whether they are of different races of people, animals, or Adamic man. "(God) maketh His sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust." (Mat.5:45)
- 3) Proper herbs, foods, and water, are consumed for good health, used medicinally, *plus* the use of their strength divinely enhanced many fold by prayer and the blessing of Yahweh upon His children of the holy family (only truly called-out believers of Saxon Israel). "Wherefore I pray you to take some meat: for this is for your health --- and --- when he (Paul) had thus spoken, he took bread, and gave thanks to God --" (Acts 27:34,35) "I (Yahweh) have heard thy (Hezekiah's) prayers --- I will add unto thy days fifteen years --- Let them take a lump of figs, and lay it for a plaster upon the boil, and he shall recover." (Isaiah 38:5,21) "And he (Elijah) arose, and did eat and drink, and went in the strength of that meat forty days and forty nights unto Horeb the mount of God." (I Ki.19:8) Accelerated results from food is possible with the added blessings of Yahweh.
- 4) Miraculous immediate healing by the direct power of God, petitioned by divine request of an anointed prophet or apostle, or Yahshua directly Himself. This overwhelming power is not dependent upon the use of herbs, foods, water. (Mat. 4:23,24; I Ki. 13:4-6; Acts 5:12-16) It appears that there is no such officially ordained person remaining today, although some deluded false prophets claim this incredible ability.

Although the healings found in "levels #1 & 2" are surely beneficial, for our purposes we're concerned with the special "faith and obedience enhanced results" found within the "level #3" category above. This can be implemented for our benefit to a great degree (beyond and in addition to the use of herbal healing alone). By combining the wonderful laws of natural healing knowledge with that of spiritually appropriate prayer we can achieve near miracles over some period of time. Age rejuvenation and disease conquering is explained in several sections of the Bible, but Job 33 is a good start in beginning the process of how we can make use of what God has already given us in His promises.

Caleb, General Joshua's right hand man, was an obedient soldier of Yahweh who was as strong at age 85 as he was at 40 because he "wholly followed Yahweh" (Joshua 14:7-11). It took Caleb 45 years in the making to be able to declare that amazing fact. Therefore we need to understand that results pending within the Job 33 prayer is a "drop-in-the-bucket" type of persistence that won't take place in one day. In this era, Americans especially, have a lack of patience for anything of lasting value. Depending upon our starting point (our life's circumstances) and our perseverance, it should be possible to

gain anywhere from a 1% to 100% benefit in health improvement and/or age longevity extension. (1% being a few more quality years of life; 100% conceivably up to 125+ years of age with vigor) “With God all things are possible” (Mark 10:27). Most of us are probably around the 5% - 15% “max capability” due to our being tainted by our upbringing in the corrupted 20th and 21st centuries. As the perilous times (2 Tim.3:1) intensify, perhaps so will the revelations of the Holy Spirit increase upon the next generations resulting in a 50% or more realization of Yahweh’s blessings upon us. For now, any supernatural help manifested from the Word of God upon our mortal bodies would certainly be viewed as “miraculous” to us no matter to what degree we experience it. Surely Yahweh provides a better way of healing and longevity than nsuids, vaccines, radiation, or opiates. Each person’s unique situation will bring a slightly different application of Job 33 into their lives. Here are a few basic Scriptural cross reference notations that expand upon what Job 33 presents:

v 6: Behold, I am according to thy wish in God's stead: I also am formed out of the clay.
[note: Early on in this chapter we find a somber realization - - “we are formed out of clay” - - the primary truth of our creation that we are made from the soil --- the first step to humbleness. This being a stark contrast to the imagination of the Canaanite, Babylonian, Catholic religions which teach that we are “spirit beings from heaven” (mini gods) and as such we are immortal in that we existed before God created the universe and that we don’t really die but simply keep right on living at death as we travel above to the ethereal world (our supposed real home). This belief of man refuses to acknowledge the penalty of sin “For the wages of sin is death” (Rom.6:23) since the haughty carnal mind is destitute of accountability for our fall into disobedience from God. In this it sides with the lie of the serpent “Thou shalt not surely die” (Gen.3:4). Yahweh told Adam, “For dust thou art, and unto dust shalt thou return” (Gen. 3:19). “Thou shalt surely die” upon sinning(Gen. 2:17). There is no life and no thinking existence for the person who goes to the grave in death. “His (man’s) breath goeth forth, he returneth to his earth; in that very day his thoughts perish.” (Psalm 146:4). “For the living know that they shall die, but the dead know not any thing” (Ecc.9:5) “All flesh shall perish together, and man shall turn again unto dust” (Job 34:15). Man (Adam) was not “taken from heaven” and put on the Earth. Man was taken from the ground -Gen.3:23. There is no Bible verse that says “You came from heaven, and when you die you go to heaven”. Man’s hope of future life again is in the promise of resurrection from the grave, as Jesus conquered death, was resurrected, and will call forth His chosen ones from the grave at the last day. “--- all that are in the graves shall hear His voice, and shall come forth.” (John 5:28,29) That is, no Christian is “in heaven”. They are dead in the grave and await their resurrection from death. Heathen spiritist religions boast that their followers neither need God to create them from dust (claiming to be pre-existent in the cosmos), nor do they need His resurrection from the grave to be alive (claiming that they live forever and don’t go to the grave, but are merely transported to live in “the sky”, i.e. to live in heaven). In this attitude, the humble admitting that we are mortal creatures is denied, and proud bragging of life independent of, and not in need of resurrection to be alive is embraced, for thus saith the spiritist “we are already alive before our bodies are resurrected”. But,“God resisteth the proud and giveth grace to the humble”. (IPeter 5:5) There can be no continuing on in the promises in the remainder of Job 33 unless this is first settled in the hearts of men. We are not “immortal soul gods from heaven”. For those clergy who insist that “resurrection of the body” is taught in the Bible and our supposed “immortal souls” will be put back into our bodies, it is certain that no such teaching is found therein. God’s Word exclusively teaches resurrection of the dead. The term “resurrection of the body” is not in the Bible. We are “formed out of the clay” and we are subject to death (a state of non existence). Only God Himself has the power to make us alive again in the power and promise of resurrection secured for us by the Holy One of Israel, Yahshua/Jesus the Christ. “Why should it be thought a thing incredible with you that God should raise the dead?” (Acts 26:8) It is with good reason that Job is reminded that he is “formed out of the clay”.

v.14 “For God speaketh once, yea twice, yet man perceiveth it not.

v.15 In a dream, in a vision of the night, when deep sleep falleth upon men, in slumberings upon the bed;

v.16 Then he openeth the ears of men, and sealeth their instruction,

v.17 That he may withdraw man from his purpose, and hide pride from man.”

[Note: Again – the pride of man is the problem in this chapter. God will speak to man in several ways to get His message across. Namely, if we are going to live in the miraculous promises of God the “self glory” must be eliminated from the equation. We need to be opened to the instructions of God and act accordingly. Our imperfect reasoning, doubts, frustrations, mortal conclusions, discouragements, must not be allowed to be held on the same level as God’s instructions. “All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.” (I Tim.3:16)

v.22 “Yea, his (man’s) soul (vitality of life) draweth near unto the grave, and his life to the destroyers.

v.23 If there be a messenger with him, an interpreter, one among a thousand, to shew unto man his uprightness:

v.24 Then He is gracious unto him, and saith, Deliver him from going down to the pit: I have found a ransom.

v.25 His flesh shall be fresher than a child’s: he shall return to the days of his youth:”

[Note: Man is in jeopardy of approaching the grave. What can deliver/delay man from this predicament? A “messenger” who interprets God’s will to man concerning the message that uprightness is in the grace of the ransom (Christ Jesus). Two meanings to this section are possible. One – the messenger is a preacher well trained in the Gospel. He reveals to man that any miraculous reversal of a death doomed state is only upon a high awareness of our “ransom”, the “Lamb of God” who has reconciled us to God by His atoning sacrifice. (2 Cor. 5:18). Two – the interpreter is, more closely, the moving presence of God in our lives – The Holy Spirit – Who, although using certain men as mouthpieces to teach of the ransom, personally perfects our very prayers before God the Father. “For the prophecy came not in old time by the will of man; but holy men of God spake as they were moved by the Holy Ghost.” (2 Peter 1:21) “Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.” (Rom.8:26). Upon such a perfection of prayer, God hears our plea and intervenes to stop our debilitated fall into the pit/grave, and thus restores our vigorous health. The second resonates a more fitting explanation, it would seem. In any event, we see an amazing revelation that The Almighty, under certain conditions, causes a reversal of life’s physical decline, thus transposing the humble repentant believer unto a former state of “child-like” well being.

v.26 “He shall pray unto God, and He will be favourable unto him: and he shall see his face with joy: for He will render unto man His righteousness.

v. 27 He looketh upon men, and if any say, I have sinned, and perverted that which was right, and it profited me not;

v. 28 He will deliver his soul from going into the pit, and his life shall see the light.”

[Note: Here then is the desired prayer given by God to us and received by God from us. Man’s misery has been caused by man himself. Even though a person, in a relative manner of speaking, may be more moral and decent than a habitual evil doer, when it comes to comparing ourselves to God we fall infinitely short of divine righteousness. Sin has caused our fleshly corruption, and we have all sinned. “For all have sinned and come short of the glory of God.” (Rom.3:23). Our created being was made right by God. We have perverted it, both by wrong treatment of our bodies and by wrong acceptance of false man-made church doctrines. Yahweh only requires that in humbleness we admit our faulty

error, recognize that it has not done us any good at all, and give glory to the ransom (Jesus the Lamb) for saving us from eternal death. Even with our best efforts here, the Holy Spirit is needed to perfect our prayer.

v.29 “Lo, all these things worketh God oftentimes with man,

v.30 To bring back his soul from the pit, to be enlightened with the light of the living.”

[Note: You do not need to be Moses or Elijah to claim this wonder in prayer. God says that He has done this often times. The verse reads both ways – often times with different men or often times with the same man. However, He is not going to “put an egg in your beer”. The believer needs to act on the promise. A man can only do the things a man can do. God will do the things that God can do. This brings us to Psalm 103 below:

1 “Bless Yahweh, O my soul: and all that is within me, bless his holy name.

2 Bless Yahweh, O my soul, and forget not all his benefits:

3 Who forgiveth all thine iniquities; who healeth all thy diseases;

4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

5 (Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle’s)” Psalm 103:1-5

[Note: Bless, give credit, honor, praise His Holy Name. We must not be forgetful of all He has done for us. Our benefits are not with Social Security, Medicare, Medicaid, etc. Our benefits are with the King of Kings and His overriding control of circumstances in His provision for us in the long run of things. “Who forgiveth all thine iniquities; who healeth all thy diseases.” Sin must be confessed and repented of (stopped). “If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” (1 John 1:9). Our failing flesh is restored by renewal to the youthful strength of a flying eagle. This takes understanding to appreciate. “and with all thy getting, get understanding.” (Prov.4:7). The stipulation is --- you have to go get it. It’s not going to just happen to a person whimsically. “Who satisfieth thy mouth with good things; so that thy youth is renewed --” It is up to us to “go get these things”. Turn back to page 3 and review “level #3 healing.” We do our part, God does His part. Teamwork. There are “good things, not bad things” that need to go into the mouth for all of this to take place. This requires discipline and training. The word “disciple” comes from discipline. Verse 30 (previous) says “to be enlightened with the light of the living”. This happens when “good things are eaten”. Conversely, “All his (man’s) days also he eateth in darkness, and he hath much sorrow and wrath with his sickness.” (Ecc.5:17). When we are born to parents who are not diligent in studying the Scriptures for guidance, nor are they pray-ers for divine wisdom, within just a few months of age we are started on a diet of unintentional “bad things”. We may have had no control over it, but the perversion of our health goes back that far. Thus we are beckoned to pray “I have sinned and perverted that which was right.” The rewards are great for the prayer soldier who can take up the banner of denying self, trusting God, and enter into this fight.

Suggestions:

It is not the position of this ministry to give medical advice or to direct a person away from professional medical attention when truly needed. If a person is ill or seriously afflicted with a physical malady, by all means seek out a competent MD who will help. The wonderful advanced spiritual help of Job 33 can be gradually worked into a person’s life in a manner of accumulated degrees. Therefore the below proposals are not given as a guide to the reader concerning his/her specific health condition. They are merely basics in general that I myself would do if I were to implement Yahweh’s spiritual plan to go along with His natural food nutrition which He has given to His created life forms.

Possible considerations. [Your situation may be different. Adapt the words as needed]

A prayer may go something like: *“Heavenly Father Yah, by your ransom given to erase my sins, the Lamb of God Yahshua/Jesus the Christ, I confess that I have indeed sinned and perverted that which was right with my created being; and that my faulty ways have not done me any good at all. May the Holy Spirit our Comforter deliver this prayer perfectly to you so that these words may come before your merciful attention. I remember all your benefits to us, and I thank you for forgiving me of my iniquity. It is upon you whom I lean and trust to heal me of all my diseases and to provide the good select nutrients of foods so that my health is renewed as a child and a soaring eagle. Thy will be done. Thanking you in the atonement of your Son, Jesus, for your assurance to keep my health at a peak level of performance, and increased beyond nature by your blessings. Grant me the patience to remain in your loving kindness. Amen.*

This is a prayer to be said daily for the remainder of life. It is a lifestyle, not a passing fancy. “Let patience have her perfect work that ye may be perfect and entire, wanting nothing” Ja.1:4

Major spiritual obstructions to this entire holy application:

1) Spiritism – the belief that we are “spirit beings” inserted into flesh bodies [*the* misgiving that leads to all other dogmatic unsound doctrines]. 2) Belief and fears within the myth of a literal “Satan”. Conducting one’s life around so called demons, guardian angels, fallen angels, ghosts, plethora of spirits, etc. none of which exist other than in heathen superstitions. 3) Multiculturalism – Wanting to force the various races and their cultures into a blended society akin to the Tower of Babel, along with all the political fallacies and evils that promote it. 4) New Age doctrine involvement -- Attempting to cultivate bogus philosophies such as: psychic energy; pineal gland vibrations of influence; positive thinking one’s way through life; raising hands high to catch divine energy waves; the law of attraction; waiting for the planet Nibiru; Muslim flat Earth; ESP and out-of-body traveling; numerology; astrology; transgenderism; or various other related New Age beliefs. [Too long the mystic charlatans have fed on the lambs of Christ. The Shepherd rescues His]

Major physical obstructions to this entire holy application:

1) Gluttony. 2) Drug addictions, both recreational and pharmaceutical. 3) Cigarette smoking. 4) Alcoholism. 5) Eating Scripturally unclean foods. 6) Sedentary lifestyle. 7) Letting stress dominate and debilitate one’s emotional well being.

Primary bodily/mental benefits where nutrients assist: [“good things for the mouth” - Ps103:5] Keep the heart strong with hawthorn berry, garlic, omega3 oil, apples, green tea. Liver/gall bladder protection with dandelion, milk thistle. Brain protection by eating fish twice/week, blueberries, fruits and vegetables daily. Staying hydrated with plenty of fluoride free water. Obtaining a quality multi-vitamin/mineral supplement. Regular parasite/pathogen removal with black walnut, clove, olive oil.[do not underestimate this] Regulate blood sugar level with cinnamon. Keep the thyroid working with black cummin seed, coconut oil, thyroid massage. Protect the stomach lining with glutamine. [glutamine supplement, cabbage] Getting regular exercise is a must. It stimulates brain growth factors,

improves circulation. In fact, supplements do not work as well without exercise tossed in the program. [mistaken trap for the athlete – long distance jogging wears out the heart. When it is combined with the American fad of vegetarian or vegan diet it can result in heart troubles of serious consequences. Brisk walking, swimming, or burst training is the way to go.] The verse in 1 Timothy, “For bodily exercise profiteth little” (v8) is a misquote. In the Greek the meaning is that exercise profits “for a little while”, which is correct in that our lives are short now compared to what lies ahead in the resurrection – eternity. But in this span of time our bodies need exercise, while to think it does not would lack of all sense.

Glucosamine or bovine gelatin, vitamin C, calcium, MSM, for joint flexibility/comfort. Remove stress with mild stretching followed with 15 minutes of mild deep breathing daily. Yogurt, sauerkraut, raw honey, probiotics, kefir, to provide good intestinal flora which has scientifically been shown to guard against depression. All of these to be taken long before any debilitating condition sets in. Prevention is easier than treatment.

The dosage and implementation of these brief “basics” can be obtained by consulting a qualified naturopath doctor. There is much more specific learning that can be done in the area of natural health awareness, but in this case a divine supernatural enhancement is being sought as well. Taking an enthusiastic and permanent interest is the key factor. Enthuse is from a Greek origin, En-Theos, God in you. Be excited that The Creator takes a personal family interest in His children. Again – this is not an individualized health consultation for those reading this article. This is a jump into higher faith within each person’s stand with God. Only He heals, and only you know where a starting point may be. Seek your qualified health care physician to get a worthy opinion of what your beginning health status is if you are considering walking on this road with Almighty. Study the Scriptures about more on this subject from a view of the Hebrew and Greek definition of its words, not from modern Bible translations. Pray to Yahweh God for His wisdom and guidance for Job 33 to be tailored to your personal situation. Pray for all brothers and sisters of the Faith. Ask others to pray for you. Pray for the nation. Start slowly with little steps and take care as to not “bite off more than you can chew”. Keep advancing. Give it time and it will bear precious fruit. Blessings in Yahweh/Jesus --- KL

Addendum followup (condensed)

A quick version implementation of Yahweh’s longevity program:

- ✓ Dump the “spiritism” [it’s Canaanite]. Dump New Age [it’s occult]
- ✓ Heart-felt confess our mortal fallibility in that “we have sinned and caused perversion”
- ✓ Critical for health: A minced raw garlic clove in some bread 3/wk. Use parsley, mint, for breath. 1 tbs olive oil daily. One apple daily. Baked fish 2/3 meals/wk. No over eating. Stay hydrated/H2O. ½ tsp black walnut hull powder daily for 7 days (repeated every 3 mo). Hawthorn berry supplement. A quality vitamin/mineral supplement. 2 cups of green tea daily.