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## **Major trouble, major help – How God does it**

How does God help His saints in times of serious trouble? We're not talking minor troubles that take place in the normal course of a day's activities – we're talking *big time trouble* like having to survive a natural disaster or escape to safety when your nation is under attack, or a similar mega trouble event that carries a companion of destruction with it.

There are several ways that God comes to the help of His faithful believers when these sort of situations arise and we need not go further than the Psalms to see the saving love that our Father has for us. The Psalms for the most part were written by King David who knew a lot about *big time trouble*. After all, David killed Goliath the giant when David was just a lad, had to live on the run while King Saul's men chased after him, and was afterward a victorious military King of Israel his entire reign. David knew about trouble. He also knew how God comes to the rescue of His saints when they are experiencing overwhelming adversity.

Here's how King David saw God's methods of help in times of our trouble:

God hides us (this can be spiritually, physically, or both)

*“For in the time of trouble He shall hide me in His pavilion: in the secret of His tabernacle shall He hide me; He shall set me up upon a rock.”* (Psalm 27:5)

He has promised to deliver us out of trouble

*“I am God, even thy God --- call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me.”* (Psalm 50:7,15)

The Almighty is present with His strength to remove our fear

*“God is our refuge and strength, a very present help in trouble. Therefore will we not fear”* (Psalm 46:1,2)

God is aware that trouble can wear us down. He revives us in trouble so that we can endure it

*“Though I walk in the midst of trouble, thou wilt revive me: thou shalt stretch forth thy hand against the wrath of mine enemies, and thy right hand shall save me”* (Psalm 138:7)

But are these divine methods of God's help during trouble for us too, or did these only apply to David? Yes, they are for us too as the Scriptures were written for the believer since the Old Testament accounts were given as examples for us to heed today. (I Cor.10:11) And we are told that all of “God's Word” is for righteous instruction. (II Timothy 3:16). David even wrote a prayer for us to remind God of precisely how we are counting on His methods to rescue us from a great affliction of trouble. We can go to God with these words, once we have understood how He comes to our aid. Just remind Him: *“Remember the word unto thy servant, upon which thou hast caused me to hope. This is my comfort in my affliction: for thy word hath quickened me.”* (Psalm 119:49,50)